

# Chapter 39:

*Interview with*  
**Dr. Tim O'Shea, D.C.**



**Ty:** Dr. Tim O'Shea, thank you so much for joining us today. I have read your stuff for about the last 15 years regarding vaccines so really excited to get an interview today about vaccines with you.

**Dr. O'Shea:** Pleasure to be here Ty, pleasure to be here.

**Ty:** Yeah, it's good to be here. We're going to get this thing done because we're both trying to get out of town. You're trying to be at an Atlanta Falcons' football game.

**Dr. O'Shea:** That's right, it's a long way to the airport.

**Ty:** Yeah, it is. Tim, how did you get involved with vaccine research initially? Can you talk about that?

**Dr. O'Shea:** I've a pretty extensive website as you know, thedoctorwithin.com. It started over 15 years ago. I just began writing monographs or essays on a number of topics. The first topic I wrote on was antibiotics actually. I still have that chapter on my site today, it's called The Post Antibiotic Age.

I got to realize that, wow, antibiotics are only useful in very rare occasions for life threatening illnesses. Doctors are giving them out like they are M&Ms and we're building this antibiotic resistance so that when we really need antibiotics they don't work.

So that chapter is still on the site but then I had an idea, I go wow, if this whole system of disinformation is in place with respect to antibiotics, what if it's like this with vaccines too. And the first book I ever read was by Walene James, *Vaccinations: the Reality Behind the Myth*.

I read all her references and I just went into the whole area. I read everything. Then I wrote the first edition of this book *Vaccinations Is Not Immunization*, this is presently the fifteenth edition of this book.

**Ty:** The title of the book I love *Vaccination Is Not Immunization*. Describe what that means because we are told that we should go get our kids immunized. When you see those posters, those ads, they're talking about getting them vaccinated but you're saying that's not the same thing.

**Dr. O'Shea:** Yeah, it's exactly like what you were saying before we started rolling this camera you hit it right on the nose. Every time you say, "Well, did you take your child in for his immunizations?" you are acquiescing to their programming of you because there are two separate physical entities. Vaccination means we are going to take a manmade substance put in a syringe, we call this substance a vaccine, we're going to inject it into your child, that's vaccination.

Immunization is something that has nothing to do with vaccines. Only one way that humans become immune to a disease, they either have to get the disease or be exposed to the disease somehow. Then the body builds up its own immunity via antibodies and that whole cascade of reactions. Then they are immune. That is immunity.

Like I say, immunization has nothing to do with vaccines themselves. So people have to start using these two words correctly.

**Ty:** But when you are injected with a vaccine aren't you exposed to those viruses?

**Dr. O'Shea:** Yeah.

**Ty:** So is it possible to obtain immunity from a vaccine?

**Dr. O'Shea:** They're definitely having some effect but here's what we have to remember, the scientists who make the vaccines, they're not putting the exact microbe, the exact bacteria or virus associated with each disease into that syringe, into that vaccine because they think that those microbes cause the disease. What they're doing is they're putting an attenuated, diluted, mutated version of the original microbe into the vaccine.

So how could something like that man made, laboratory made, possibly create immunity in a human to the original pathogen? That's the question. So it doesn't even make scientific sense.

**Ty:** That's a good point. I have not heard that before. I've read that before but I haven't had anybody actually say it in that way. In essence, vaccines are almost like a GMO food. They're a mutated form of the food or they're a mutated form of the virus but it's not the actual virus.

**Dr. O'Shea:** Exactly. So the next concept in this line of reasoning is the concept of the atypical form of the disease. Measles was almost gone by the time the vaccine was introduced in 1978 in this country and now measles is on the rise again but that's not from the original measles virus. That's from the attenuated version from the vaccine. So now we have a brand-new disease in the human species, measles, that is from the vaccine itself. Did you have measles as a child?

**Ty:** I did.

**Dr. O'Shea:** I did too. We got lifetime immunity from having measles but the problem is, Ty, we may not be immune to this new atypical version of measles that is coming out now that is caused by 90 percent of American children being vaccinated with MMR vaccine since 1978 in this country.

**Ty:** Okay, that's a great point. Typically, if you're exposed to a virus and you get the disease whatever the measles, mumps, whatever it is, you don't have to worry about that for the rest of your life but what you're saying is because the vaccines have been attenuated this is a different virus and we may not have that lifetime immunity confirm?

**Dr. O'Shea:** That's exactly right. It's the difference between artificial immunity and natural immunity. Natural immunity is by getting the disease, artificial immunity—and that's the other thing just what you said is perfect, Ty, artificial immunity is only temporary. That's why we give booster shots.

These kids at two months, four months and six months they're getting the same six vaccines over and over. If they just got the vaccine two months ago why are they getting it now? If they really conferred immunity they wouldn't have to keep giving these booster shots? Real immunity is for life.

**Ty:** Dr. Tim you've written an article or a paper and I remember it was something about the sanctity of human blood. Let's talk about that because what we do is we take of a newborn, where their immune system's not even fully intact and we inject them, which gets into the bloodstream, with these pathogens.

**Dr. O'Shea:** That was the original title of this book for the first few years. It was called *The Sanctity of Human Blood: Vaccination Is Not Immunization*. That's the exact idea. No child is born with an intact immune system. The immune system of a child is struggling, literally struggling,

into existence for the first two years and that's why most countries in the world don't vaccinate before the child is two years old and their incidence of autism and vaccine injury is much, much less than the United States.

So it's really a sacrosanct environment. This is arguably the most precious milieu in the development of the world, the blood system, the circulatory system of the human species. That's why I use that word sanctity. It shouldn't be used as an experimental laboratory for projects by the pharmaceutical industry.

**Ty:** So when you say it that way it seems to communicate an underlying monetary reason for vaccines?

**Dr. O'Shea:** Of course, with our children as guinea pigs. I talk about money and vaccines in the book and in the full day seminar. There's an eight hour seminar about what we're talking about here. It's on my website, [thedoctorwithin.com](http://thedoctorwithin.com). Here's an example, only about 20 something years ago, in the mid 90s we spent about three billion dollars on vaccines in the entire world, in the entire world. Today the U.S. spends in excess of 30 billion dollars a year on vaccines.

**Ty:** Wow.

**Dr. O'Shea:** And by the same token, when you and I were growing up if you got all your shots maybe you got four vaccines. When Travis was growing up, maybe it was 20 vaccines when he was growing up. When I started doing this research in the 90s it was 40 vaccines for the full complement in the mandated schedule in the United States.

Today, in the United States before the age of eighteen if a child is getting all his vaccines, he's getting 69 vaccines. There is no country on earth who has ever done anything like that. I just came back from a two week lecture tour in Europe and in most countries of the world they get about half of what American kids get.

**Ty:** In light of that fact that we get the most vaccines, do you think there's a correlation between the studies that Miller and Goldman have done showing America with the highest vaccine rate has the highest rate of infant deaths?

**Dr. O'Shea:** Of course, not only infant death and not only autism and vaccine injury. This is a whole section of my full day presentation. I go through all the infectious and degenerative diseases and talk about how among children and young people and now among adults as well, it's all the degenerative and infectious diseases together are not just increasing gradually, they are increasing exponentially in this country only.

**Ty:** And it's because of the vaccines in your opinion.

**Dr. O'Shea:** Well, that's definitely a correlating factor. There are multiple causes for it but the number of vaccines is certainly one of the primary causes.

**Ty:** But you hear, "Well, correlation is not causation," we always hear.

**Dr. O'Shea:** Right, of course, that's why I'm careful to say that.

**Ty:** But at the same time if I walk up to someone here on the campus of this military institute where we are today and they punch me in the face and knock me down and then walk off and nobody sees it and then I get up and I walk off and I'm wounded and somebody knows that I went out there and there was only one other person there. I walked back off and I've

got a bloody face and the person just left. That's correlation but it's enough circumstantial evidence to point a finger, isn't it?

**Dr. O'Shea:** Right, it's pretty obvious what's going on. The more research you do, the more apparent it becomes and the more difficult it is for them to hide it. What organized medicine has on their side is rhetoric, slogans, and fake statistics which they keep running over and over again in endless loops on all the media, "Vaccines are safe, vaccines are effective. If we stop vaccinating infectious diseases will return." All these are errors. They're incorrect but that's what most people believe because of the endless repetition.

**Ty:** Right, you repeat a lie long enough it becomes truth.

**Dr. O'Shea:** Heil Hitler.

**Ty:** Yeah, that's exactly the method that they used wasn't it?

**Dr. O'Shea:** Yeah.

**Ty:** So you mentioned measles already being on the decline before we started the vaccine. Is that the case with other vaccines?

**Dr. O'Shea:** Yes sir it is. I have charts, actually they are CDC charts, right down the road from here, but it shows the decline in virtually all the infectious diseases for which there are vaccines. Most of those diseases were 95 percent gone before the vaccine was introduced.

So the sales mantra here is vaccines saved us from the scourge of infectious disease but the truth of it, you have to do the research and actually look at the statistics and the timing of the vaccine when it was introduced and then you will see that the vaccine had nothing to do with the disappearance of the disease.

**Ty:** In your opinion, what played a large role in the disappearance of some these diseases or in the reduction at least of the death rate from these diseases?

**Dr. O'Shea:** Well, that's a very good question. We have to remember that for many of the diseases of childhood like measles, mumps, chickenpox, these are immune building experiences of childhood. That's why all over the world and even in the United States before the MMR vaccine came out, when your kid got measles or chickenpox you would call your friends and tell them to send their kids over so you could have a chickenpox party or a measles party. Everyone was sick together and then they all got better and then they had lifetime immunity after that.

This is the same in third world countries. They have always done this with these mild, self-limiting, immune building experiences of childhood. But in the past few decades organized medicine has seen these as opportunities, marketing opportunities, to build this enormous vaccine industry that we see today.

**Ty:** It is enormous. The money that's spent on vaccines, as you've already mentioned, it's unfathomable. It's bigger than the GDP of some countries.

**Dr. O'Shea:** Yes Ty, but it's not just the money that we spend on vaccines. This is why vaccines is the sacred cow, why you can't attack it, why they attack you if you say something about vaccines because this is this is the time—the well-baby program, when you bring your child in for his shots on shot day that whole program, this is the period of a person's life where

a lifetime dependence on organized medicine becomes inculcated into the person's mind.

If you take that away for the unvaccinated child, why do they need to go to the medical doctor? The only reason you really need to take your child to a medical doctor in between the ages of 0 and 21 is trauma and if something happens as far as trauma goes you don't take them to the pediatrician, you take them to the trauma surgeon.

**Ty:** They've lost a customer.

**Dr. O'Shea:** Yeah, but not only have they of the lost a customer but getting rid of vaccines gets rid of an entire industry, an entire profession, the pediatric profession. It's a threat, it's a major threat.

**Ty:** You mentioned trauma just now, what's your opinion on all of these parents that are in jail for shaken baby syndrome or SIDS or these unknown deaths of their babies? They've been charged with brutally shaking their baby causing brain swelling, encephalopathy and so forth, what could that be?

**Dr. O'Shea:** Of course, the number one expert on shaken baby syndrome in this country is an attorney in San Diego, her name is Toni Blake. I interviewed her for one of the editions of the book. I have sections on the book on shaken baby syndrome.

When that became popular, I would say to my colleagues I would say, "Doesn't it seem weird that all of a sudden after all this time thousands of people are deciding to kill their babies by shaking them to death? Doesn't that seem odd, doesn't that seem unreasonable?" Then the more I researched it then I realized that it was a cover up for vaccine injury and that's really what you find when you research this topic, shaken baby syndrome.

**Ty:** Last question for you, Dr. Tim, I know you've got a lecture to give and I want to be respectful of your time. We're here at a military academy.

**Dr. O'Shea:** Yes .

**Ty:** And the military, their job is to keep us free. So what do you think about the lack of freedom of choice that we have, that we're beginning to see especially in your state of California when it comes to vaccines. When it comes to forcing someone who disagrees with the theory of vaccination, forcing them to vaccinate their child or even themselves take a vaccine?

**Dr. O'Shea:** That's well said. I have several articles on my website that deal with this problem specifically and especially in the newsletter archive that I keep. In California, where I live all this furor that's been created in the past four years getting rid of our philosophical exemption law that we had for the last 75 years has been directed to 1.5 percent of the population. Only 1.5 percent of the parents in California even want to exempt their children from vaccines.

So this has been the experience of all this time and money being spent by California legislators in order to oppose the choice of the majority who want to get vaccinated but that's fine if you want to get vaccinated but this is not about that, this is about forcing the ones who choose not to vaccinate, forcing them to accept your opinion on vaccine.

It signals the approaching end of medical freedom. What's next, what's next? If they can force you to vaccinate your child, what's next? You're diagnosed with cancer and you no longer have an option about chemotherapy or radiation. We would say, "Well, that's completely impossible they would never do that." Well, five years ago I would have said it is completely impossible in California for them to remove the personal beliefs exemption from vaccines.

Let's say Lipitor, let's say you go to the doctor and they find high cholesterol or they find that you are type 2 diabetic and now they're going to force you to get Lipitor, to get insulin, fake insulin, and they're going to monitor you to see that you're taking your meds and if you're not taking your meds they're going to drop you from your insurance. All of this is possible once you start attacking medical freedom which is guaranteed in the Constitution.

So it's really the beginning of a slippery slope.

The slippery slope, that's the word.

**Ty:** Which is why it's so important for you to continue speaking out and for us to continue speaking out and to share the truth about vaccines with the world and let people make up their own minds rather than being forced.

**Dr. O'Shea:** Andy Wakefield, you, me, several others, it's important. It's critical what we're doing.

**Ty:** Well keep up the good work Dr. Tim I really appreciate what you've done.

**Dr. O'Shea:** Coming back at you, Ty Bollinger.

**Ty:** All right.

**Dr. O'Shea:** This is the latest edition of *Vaccination Is Not Immunization*. The interesting thing, this is a 200 page book, my target demographic is really parents about to have their first child. They may have some doubts about vaccines because of what they've heard or what they've read. This will really help them to make that decision.

My opinion is this is the most momentous decision in that child's life that these parents are about to make for that child whether or not to vaccinate. Do they really want to get all the information for making that decision from the people whose living is selling the vaccines?

In this 200 page book there are 300 references. These references are mainstream medicine, mainstream science, mainstream law. That is where the opposition to today's vaccine policy comes from not from the holistic alternative medicine contingent.

So my opinion is this is the most reliable guide for parents making this very important decision in the life of their child.

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