

Chapter 25:

Interview with
Sayer Ji



Ty: I'm here at my home in Tennessee with Sayer Ji. Sayer, so good to talk to you again.

Sayer: Great to be here.

Ty: Thank you for travelling up from Florida to share some of your knowledge with us today. We're going to hit a couple of big topics.

Sayer: Yeah.

Ty: We're going to talk about vaccines. We're also going to talk about detox. They really are kind of related, aren't they?

Sayer: Absolutely. There's a lot of overlap. With detoxification, it's a common problem obviously, we're exposed to literally tens of thousands of novel new chemical compounds in the modern, postindustrial era.

With vaccines, this is one area where some of the things they're putting into our bodies we can't take out. At least not easily. Some of those are viruses that actually integrate into the germline of our cells and will stay with our body for a very long time. There's overlap. Mercury, you can take some of it out, not all of it. But yeah, the issues are definitely related.

Ty: Talk about the viruses. You mentioned viruses in vaccines. We know one of the vaccines, very popular is the polio vaccine back in the 50s. We know that was laced with viruses.

Sayer: Yeah, actually, the problem with the polio vaccine is that it's in the category of a live virus vaccine. What they did is they took animal cells from another species, basically, a chimpanzee cell and infected that cell with a virus. Then they used it to produce antigen or vaccine seed stock. Which they then gave to humans orally, which infected them with the virus.

When you do this process of mixing different types of animal fluids and different pathogens, they tend to adapt better to the body that you're infecting. The immune system doesn't have an opportunity to react as strongly.

That's why they justify it, because you're not going to get full blown polio theoretically, if you take an oral polio vaccine. What does happen is that the virus infects that person. Because the immune response isn't normal it can stay in their body as sort of a surreptitious or low grade infection. It could even last a lifetime.

Another problem of course is that these cells of these other animals contain within them a number of what are known as endogenous retro viruses. These viruses have the ability to insert into the DNA of other animals. The chimpanzee cell in the nucleus has just hundreds of different potential viruses that when they make them into vaccines they're reawakened and then can infect us.

One of those viruses is actually known as Simian Virus number 40 or SV40. The oral polio vaccine campaigns introduced this virus into literally millions of people unawares. Even today, I for one, likely have SV40 in my body because my mom received the vaccine.

It gets passed down trans-generationally even though I didn't receive that vaccine. It stays in our body. It's passed down into future generations, potentially forever. That is one of the, sort of, Pandora's Box events that occurred in the history of vaccination.

Ty: You mentioned one of the things about vaccines is they bypass some of the typical im-

mune responses, right? I mean, being directly injected is different than being exposed to something that maybe you breathe in through your nasal cavity.

Sayer: Absolutely. Exactly. The whole premise behind the efficacy of vaccination is that there is an observation that in nature when a group of individuals are exposed to a wild type or natural infectious challenge they meet the challenge usually with things like fever.

The immune system's activated. Then they survive and then they have lasting immunity. Which is why, for example, the CDC doesn't recommend that certain individuals that were born, I believe it's 1955 or earlier, get the measles vaccine because they already have lifelong immunity from being exposed naturally.

It's fascinating that today there's the assumption that if you don't vaccinate then you could die from these natural infections, when in fact that natural process of meeting an infectious challenge, surviving it and then having lifelong immunity is the basis for the entire validity of vaccination itself.

Ty: But, then, that begs the question, if these certain groups of people don't need to be vaccinated because they have lifelong immunity and if vaccination is equivalent to that, why do we need booster shots?

Sayer: Well yeah, and that's the problem is that vaccination has never been shown to equate to bona fide immunity. That's the assumption. In fact, the fact that we even call vaccines "immunizations" is sort of almost like Orwellian, because immediately you have to assume that they work when you say that they're immunizations.

When someone goes to a pediatrician and they say, "Well, I've been concerned about the potential my child might be harmed. I don't know whether I want to get these vaccines." The pediatrician will be like, "Well, you don't believe in immunizing your child?" When they put it in that term or terminology, it makes it seem as if you're endangering your own children.

Ty: Right, right. I agree. They kind of co-opted the terms because "vaccination" is not necessarily the same as "immunization." It's not the same, is it?

Sayer: It is not the same, yeah. Because again the basic premise behind vaccination is that you can reproduce synthetically a natural infection with the assumption that you can weaken or what they call "attenuate" the pathogen so it doesn't cause as great a likelihood to say, go into full blown febrile seizures, for example.

It's ironic however because many of the live viruses that are in the schedule, vaccine schedule, do produce febrile seizures at pretty high rates. It's more likely that you're going to end up with a vaccine-induced febrile seizure, if you look at the PDF inserts of the vaccines, then naturally have one from fighting a common childhood infection which as we all know has always been known to be relatively benign.

If you have good sanitation, if you have good nutrition, if you have things like refrigeration, which they didn't have for quite some time or even municipal water that is cleansed, then you wouldn't necessarily have the opportunity to have good immunity. Vaccination doesn't replace those conditions that we need to make a priority.

Ty: Yeah. As a matter of fact, if you look at many of the childhood diseases, vaccines are accredited with causing them to be wiped out, but, the reality is they were wiped out long before vaccines because of what you just mentioned.

Sayer: Yes.

Ty: Good sanitation, clean water, better living conditions which then gave the immune system a chance, right?

Sayer: Yeah. In fact that's the most fascinating of all topic because if you look at the work of Suzanne Humphries, MD, she went into all of the epidemiological literature that exists from government databases, and found that if you look at when the main vaccines that we're using, still today, that are supposed to have saved millions of lives, like measles for example, were introduced. It was already at the end of the cycle of mass epidemics because of the introduction of things like refrigeration, municipal cleansed water, good nutrition protocols. These were all the real reasons why these epidemics started to fade away.

In fact, my research into the topic from the National Laboratory of Medicine, you can look at the study's agreement info, shows many health benefits have been identified for infection from things like measles. Some of those include reduction in cancer risk, reduction in cardiac mortality, a reduction in atopic disorders which are very common, which are autoimmune related to things like dermatitis.

In fact, the theory is, is that it is essential for our immune system to develop and grow by meeting natural infectious challenges. If you take those away suddenly what happens is the immune system blows back on itself.

You have what is really, in a way a submerged iceberg of autoimmune conditions that emerge. Sometimes you call them TH2 dominant disorders where the adaptive pole of the immune system has not been challenged again by normal infections or even germs in the environment which are really bacteria.

Which we know now we are comprised primarily, the microbiome is primarily, viruses, fungi, bacteria. If we don't have infectious agents or germs to be helping us to educate our immune system then we actually, technically start blowing back on ourselves and falling apart.

Ty: Essentially, when I was a kid, we used to have chicken pox parties. I mean, literally, if a kid got chickenpox the other parents would expose their children to the chicken pox, get chickenpox because that would confer a lifelong immunity. They would never get it again.

Sayer: Absolutely. In fact, that is what I would call immunization. It was a well-known way to confer natural immunity in a controlled way because you knew eventually they might get it. If they didn't end up getting the chickenpox early in life it could then come up later when it could lead to severe issues like—

Basically, it's herpes zoster. A herpes-like infection in the eye that could cause blindness. Which they're now finding is actually connected to the Shingles Vaccine, which is containing the live chickenpox virus still and can cause all types of adverse effects.

Ty: You just mentioned package inserts.

Sayer: Yeah.

Ty: It's kind of like this hidden in plain sight thing, right?

Sayer: Yes.

Ty: Because, we know, if I'm trying to think—I'm trying to remember properly the vaccine. I think it's the DPT vaccine for Sanofi Pasteur. I think it's called the Tripedia.

Sayer: Okay.

Ty: On that insert it says, "it may cause autism." But then if you have a child that's vaccinated with a DPT that comes down with autism, you're nuts.

Sayer: Yes.

Ty: It wasn't because of the vaccine. But it says it on the insert.

Sayer: Yes.

Ty: Let's talk about vaccines that have been linked to autism because the CDC whistleblower story, still really fresh.

Sayer: Yes.

Ty: Dr. William Thompson. What's your take on that, Sayer?

Sayer: Well, I think that I have to state the obvious, which is if you look at the acceleration of autism diagnoses in this country; it clearly is correlated in a causal way, cause and effect way with the acceleration of the vaccine schedule.

By no means is it the single cause. That is of course how you always lose the argument. You can't just say vaccines cause autism without qualifying the statement because there's so many other factors if you look at the rates of overuse of ultrasound, C-sections, Pitocin, Tylenol, all types of, decreased breast feeding duration, all types of fake synthetic foods. There's clearly hundreds of causes.

But, when you really look at what autism is, it is vaccine-induced brain damage. You can't tell the millions of parents that have watched their child regress suddenly from speaking, you know at whatever month it was they received, for example the MMR, and tell them that they didn't have a vaccine injured child.

What's happening at the CDC is that finally a senior scientist there was probably going to go into spiritual meltdown if he didn't disclose and blow the whistle on his agency who clearly covered up the fact that the data showed a 240 percent increased risk in autism in specifically African American children, boys, when they received the MMR vaccine early.

It's clear that that's just the tip of the iceberg. The authors of the studies that were trying to say there was no link had published hundreds of papers that the CDC used to justify their bold-faced lie that there is no link with autism and vaccination.

Now we have the whole house of cards imploding because the model of course is, "this is evidence based health policy." When in fact it's science by proclamation, which is in no way consistent with the model that you use the actual truth to influence how you apply health policies.

Ty: The travesty of justice to me is not just the fact that these kids, a lot of these kids are damaged or dead, but it's also we have parents being blamed for the death of their child when many times it could have been vaccine related. I mean, I think at this point there are 3,000

Americans that are serving life in prison for murdering their baby, whether it's shaken baby syndrome or whatever they want to call it.

Sayer: Yes.

Ty: A large percentage of those received a vaccine, MMR, DPT, whatever it might be within a couple of weeks of the time they died.

Sayer: Yes.

Ty: Parents have been blamed for shaking their baby. The interesting thing is that the medical research shows, the coroners reports, the medical examiners, in many cases have shown that it could not have been from shaking the baby.

Sayer: Absolutely. There is a new documentary coming out on this topic where one of the experts speaks to the fact that there's never been a case of brain damage where there isn't a neck injury, where that person's brain was damaged. That's apparently universally the case when it comes to the autopsies on shaken baby syndrome, is that there is no evidence that there was any kind of trauma applied to that infant.

It's clear that when you look at the actual statistics, we reported on this recently, at Green-MedInfo. The CDC's own data shows that the primary window when SIDS supposedly occurs, the syndrome, is when most of the vaccines start to be applied in the schedule. It's very early and it occurs at the same time and I think the smoking gun is clearly vaccines.

Ty: Yeah. You mentioned SIDS. One of Charlene, my wife's, best friends in Dallas, her second child died within a couple of weeks of vaccine.

Sayer: Wow. Yeah.

Ty: He was crying, he was crying, he was crying. She didn't go to pick him up, he died. The next morning, they get the autopsy, whatever. They call it SIDS. Which is basically a fig leaf to cover up the fact they had no idea why he died or they're covering up the fact that he died from vaccines.

Sayer: Exactly.

Ty: To this day, her friend still thinks that she killed her baby. She let him cry to death.

Sayer: That's amazing.

Ty: She thinks she let the baby cry to death.

Sayer: That is amazing.

Ty: I mean, parents have this guilt that's associated with this.

Sayer: Yeah.

Ty: When you think about it, how can someone cry to death?

Sayer: Well, you know, there's a number of things happening here. One of them is there's a Stock-

holm syndrome effect as well. There's so many parents that observed damage occur after vaccination, but then were told of course by the entire world, it's not the vaccines.

They identify with the aggressor ultimately. They don't want to mourn in acknowledging because they would be enraged maybe for the rest of their life that they participated in the death or irreparable harm of their child.

What that does is, it creates these very intense and seemingly unethical individuals out there that their whole goal is to try to attack those who are bringing awareness to this reality, this general epidemic. Some use the word "holocaust."

I think it's one of the most disturbing facts of our time that you can't even speak to the basic facts like vaccine inserts that state that all of these potential harms are possible and have been observed previously. You can't even speak to them without being called an "anti-vaxxer," whatever that's supposed to mean.

Ty: Right.

Sayer: I find that to be a litmus test if someone even uses the term, it's usually a reflection of either their own grief or a deep lack of education on the topic. It's a very sad situation.

Ty: Yeah, yeah it is. It's interesting that parents that have been in that situation, I guess that is the Stockholm Syndrome, they don't even want to admit at times that it could have been that choice. Right?

Sayer: Yes.

Ty: I was watching a documentary by Dr. Gary Null, *Vaccine Nation*, I think it was called. He followed the story of an Alan Yurko who did 8 years in jail, imprisoned, for shaking his baby. It turns out he was released because all of the coroner's reports showed that it could not have been possible for him to have killed his baby.

Sayer: Right.

Ty: All along the way, he's thought of as a baby murderer. People that support him are thought of as conspiracy theorists.

Sayer: Yes.

Ty: Because they dare to question vaccines which, Robert Scott Bell calls them the "holy grail of the modern church of pharmaceutical mysticism."

Sayer: It's so true. I mean, you can't really think of any other example of a compulsory medical intervention beyond maybe water fluoridation where there's absolutely no attempt and informed consent, putting a pharmaceutical product in the water.

With vaccination, they're making it now, appear that if you do not comply with the ever-expanding schedule, because there's over 271 vaccines in the pipeline right now. I mean, it is a feeding frenzy as far as the opportunity to profit from the pharmaceutical perspective. If you don't comply fully, they make it seem as if you're doing violence not just to your own child but to children around you.

Of course, any common-sense approach would acknowledge that if the vaccines work why

are you so afraid of my child not getting them. Right? That is a subconscious acknowledgement that they don't even believe that they work.

Ty: Yeah.

Sayer: Why would you vaccinate your child if you're afraid that the non-vaccinated would infect your child because, aren't they supposed to confer super powers? It's an absurdity.

Of course, as you know, the live vaccines like MMR, actually cause infection in those individuals that can shed and then transfer viral particles to those who are not vaccinated. So, it's actually the opposite. Instead of—

Quite frankly, what's going on it's like, saying, "Your child who's not vaccinated needs to put a yellow star on their lapel and that if they don't comply, they're doing harm and attacking other children with their non-vaccination status." It's really disturbing.

Ty: Well, I think you're right. It's actually opposite of that, isn't it? It's those that have been vaccinated are actually the ones that are potentially shedding and causing these epidemics. That's what we've seen.

Sayer: Absolutely. In fact, when you're looking at, for example, Paul Offit who is now presently the spokesperson for vaccine safety, has a patent on the Rotavirus vaccine which has been already acknowledged to have so many problems because of surreptitious viruses. Porcine circa virus was discovered in the RotaTeq virus vaccine.

Then you have the discovery of what are known as endogenous retroviruses within vaccines like the RotaTeq which are able to infect children with a virus that goes into potentially their germline which means that it can be passed down to the next generation. These viruses, it's a retrovirus.

It's the same category as HIV which is associated with AIDS, right? These are very problematic if not potentially cancerous viruses. In fact, Judy Mikovits who's on our advisory board wrote a book called *The Plague*. It's all about what has been known for quite some time.

Ty: She just sent me a copy yesterday.

Sayer: Amazing book.

Ty: It is so important that, if you haven't heard it that's probably why, because they are doing everything in their power to suppress this woman's work. They literally put her in jail for her advocacy and her discovery because they were so scared of the implications.

It means that the entire biologicals category of pharmaceuticals which includes vaccines and blood products and monoclonal antibodies may be infected with viruses that literally cause cancer and all types of neurological issues. There's no way you can recall them because they're in the actual vaccine production process themselves.

It's interesting because, when they first started thinking about ways to produce vaccines they were going to take cancer cells. The CDC had discussions about this but they were concerned because although cancer cells are perfect, they can produce an infinite supply of vaccine antigen because they're immortal, they just keep reproducing.

It's rather disgusting and gross, right? But, they were concerned because they thought there could be a, what they call, "oncogenic factor" in there. It's cancer so maybe if you grew these vaccines out of cancer cells it could cause cancer.

So they're, "You know what, we're not going to use human cancer cells, we're going to use animal cells instead." They chose not to use cancer cells from animals but regular animal cells thinking, "Oh well, this is safer."

They didn't know at the time that there was this thing called "reverse transcriptase," which is an enzyme that can take genetic information from another species and put it into the genome of a species like the human.

Only after they developed all these vaccines from the animals did they realize that hidden within this vaccine seed stock were all these viruses that they didn't know. Then they put them into the bodies literally of millions of people as Simian Virus 40 with oral polio vaccines was a first example. Even Maurice Hilleman acknowledged that they were causing cancers. This is documented. But, this is just the tip of the iceberg.

Ty: What exactly is a retrovirus?

Sayer: Well, retrovirus is able to insert from another species DNA, genetic information, into the germline of another. Basically, we all have in our genome all these sequences of ancient viral infections. They have been called "endogenized infections." They came from another species, entered into our germline and became part of our DNA. Over time we survived and actually it conferred some benefits theoretically.

What happens is that between species there's sort of, like this massive division. You're not supposed to say mix the brain cells of a mouse in with a human cell, let it fester and ferment and then take an extract of that and put it into another animal's cell. Guess what, this sort of cauldron-like process is how they developed many of the first vaccines.

Even the MMR vaccine, or many vaccines in the schedule today, take human aborted fetal cells, diploid cells, they are called sort of to cover up the fact that they were harvested from intentionally aborted fetuses to be produced as antigen for vaccines that are being injected, mind you, into those that it completely violates their religious beliefs.

If you're a Christian for example, I think that it's pretty clear you don't want to support abortion and nor do you want to inject the byproduct of an aborted fetal cell into your own child to confer a health benefit to them.

Ty: Yeah. That doesn't make any sense at all.

Sayer: No. It's terrible.

Ty: That's just the beginning of the toxic slew of chemicals that are in many vaccines. There was a Facebook post just a couple of days ago, and I talked about this on my radio show just last night. Where a mother got on this thread and she acted like she was going to begin giving her children supplements that her doctor had recommended which included aluminum, formaldehyde, thimerosal, all the ingredients that are in vaccines. She said that these were supplements that the pediatrician had recommended she give her child. She wanted to see the reaction.

Sayer: Yes.

Ty: She got lambasted on Facebook. There were even people that were threatening to call CPS on her to take her kids.

Sayer: Oh, my Lord.

Ty: Because she could kill the kids. At the end of the post she said, “This was just an example to show you what’s in these vaccines. Look at the way you reacted to me, but we put in our—we let pediatricians inject them into our kids.”

Sayer: That is such a profound example because as you mentioned the route of exposure is everything. In nature when you’re infected for example by rotavirus or polio, which is a relatively harmless enterovirus, normally does not cause any of the neurological damage that we associate with polio paralysis but regardless, is you orally ingest it which then there’s a whole layer of immune defense.

It’s primarily located in the alimentary canal because that’s the interface between the environment and your body. That’s your immune system saying “this is let in, this isn’t.”

You don’t inject that ingredient directly into the tissue of the body, because then all of the hundreds of biological processes and defenses against entering your body can’t be activated. Even some of the benefits again of being challenged by measles and other viruses that help to create a sort of tolerance in our immune system and self-tolerance are eliminated.

Imagine that, they get so upset that you would even think to give your child orally thimerosal, even though of course amalgam is 50 percent mercury, we all still don’t think about that. Or formaldehyde, but they’d be okay and actually they would be afraid if your pediatrician didn’t inject it into their children’s bodies.

Ty: Yes. One of the things that I’ve shared with you before is when our first child Brianna was born, we didn’t know what we do today about vaccines.

Sayer: Yes.

Ty: We were starting to learn. We were reading some of the research out there that they could be harmful. But of course, you know especially at this time, this was early 2000, at that time there was a lot of hit pieces out there as well just like there are today. So for every article that you would read that the vaccines are dangerous, you would have 10 that said, “Anybody that says vaccines are dangerous is crazy.”

We decided to go ahead and vaccinate. Well, we actually confronted the pediatrician first and asked the pediatrician and we were—I was not there. Charlene conveyed the story to me. She said, “We’re thinking about not vaccinating because we’re concerned about the dangers.” The pediatrician looked at her and said, “If you don’t vaccinate you are not welcome at this clinic. You can find another doctor.”

Sayer: Wow.

Ty: If I knew then what I know now, I would have said, “Take a hike. I fire you.”

Sayer: Exactly.

Ty: At that time, we didn’t want to lose the pediatrician, right? A really respected pediatrician in Pittsburgh so we stayed and we got her vaccinated. We learned later that that was a mis-

take, but for a long while and even still at times we think, “Wow, I can’t believe we did that.”

Sayer: Yes.

Ty: But, we didn’t know. It was ignorance.

Sayer: Yes, well Ty, I mean I can identify with your story. For me, it’s interesting, I got into this even before I had children. I was very fortunate because, doing the type of work I did, which was really trying to get the word out about the research supporting natural medicine, I started to look into vaccines because I was surprised.

When I looked at what they call meta-analysis of all the literature ever published on vaccines, there is a particular independent scientific body called the Cochrane Collaboration, highly respected, because what they do is they look at all the studies, they try to really identify if there’s an industry influence. Because as you know there’s no real regulation as far as publishing studies.

If you have a null or negative finding you don’t have to publish it. But, if you have a positive one you could be a vaccine manufacturer and spend 20 years and finally get a study that looks like, okay, there’s a little bit of a relative risk reduction in some disease. You publish that and then that’s all you see.

What they did, they looked at all the research on childhood vaccines and all the research on vaccines for healthy adults and elderly and those who work on the elderly and none of the Cochrane Review conclusions showed that they were proven safe or effective. In fact, in children under two they only found two studies ever performed on safety and only one of them may have indicated that there was a potential that it wasn’t harmful.

It just blew my mind. I was like, “How could this possibly be?” Because, you know, we were dealing with swine flu and being told it’s a global pandemic. We have to vaccinate everyone on the planet immediately. It was so clear to me that there’s no example that is more instructive when it comes to identifying how twisted and Orwellian the medical system is today.

That there is absolutely no clinical support for the statement that vaccines are safe and effective, because there’s not been a single true placebo controlled trial ever performed on any vaccine in the schedule. Much less any combination vaccine, much less all 60 vaccines together that they’re giving our children.

When you really look at the emperor, he or she’s been naked the entire time. There’s science by proclamation, meaning the CDC says and then they put one reference to a study that was clearly manipulated or that was already, it should be retracted because of, of course the CDC whistleblower affair. When people really look at the vaccine problem from the perspective of the evidence, there really is no true evidence.

Ty: It seems that if vaccines were safe and effective that they could perform a study at any time to prove this. There are no studies.

Sayer: None. There’s not a single study on the vaccine group versus a non-vaccinated group.

Ty: They’ve never done it.

Sayer: They’ve never. They know why, because, if they were ever to do that, injected one control

group with saline, they would find them to be healthier. We have this naturalistic data through the Amish who have extremely low levels of autism because they don't vaccinate.

They live relatively healthy environment. They have all the good things we're talking about, exposure to natural microbes in their environment, good nutrition, they have clean water. That's what you need to have natural immunity.

Ty: Yeah. They also aren't exposed to the EMF to the degree that we are, either.

Sayer: No. Yeah, EMFs are a huge problem because we are electromagnetic organism and our gene expression is highly influenced by these types of wavelengths. That's an invisible factor that isn't even really addressed, but is certainly a big part of the problem.

Ty: Could that be part of the autism problem? Not just vaccines but also the EMFs in conjunction with the poor nutrition. It's kind of a multifaceted issue, isn't it?

Sayer: If you think about what people do today, they take a microwave device. This will literally heat my brain in a matter of minutes and affects the alpha waves almost immediately. Their children are literally exposing themselves and adults to a microwave. You don't have nerve receptors in your brain to be able to feel it, but if you did there would be probably some pain.

This is just a fraction of what they're being exposed to. You go to a place in New York City, there's 100 WiFi connections popping up on your phone at any given moment.

Ty: Yeah.

Sayer: I mean, it's a pretty significant problem.

Ty: Yeah, so Sayer, what do you have to say then to parents out there that may be holding some guilt over vaccinating their child and they later learn that they did some damage or they don't know if they've done some damage. What's your message to them?

Sayer: I'm so excited for the fact that this information exists. The folks that are tuned in are very much aware of how they got to this point where they're looking for the type of information they don't find in the mainstream or through the CDC or through their pediatrician.

They're acknowledging that there's a potential that the vaccines have caused neurological problems, perhaps behavioral and physical problems. They're looking out for ways to address that damage and to not make the same mistake.

The good news is that while there is irreparable damage that can occur, I mean, even as we age, naturally, some things will never come back. There is so much resilience in the human body. To know that we have potentially contributed to the harm, because we didn't know or we listened to the wrong authorities, or externalized our agency to authorities.

To know that we maybe contributed is also the first step in acknowledging we have the power to truly change the circumstances for our children and for others to learn from our wisdom now.

There is so much that the body can do to heal, as you of course know because you advocate this so well. First of all, natural immunity. What's the best way to support natural immunity, well guess what?

Sunlight exposure is probably one of the best ways to address that, which implies going

outdoors, which implies being connected and doing hopefully nourishing things as a family outside. These are not just things we do to pass time or aesthetic pleasures, they're essential to the health of the human body, especially children.

Good food of course. When we mean good food, we mean food that is truly grown in organic soil if not better, permaculture, biodynamic soil or from your local farmer's market where you know the farmer. Clean water, which is, if we don't make that a priority, 99 percent of the molecules in our body are water by number.

That is an amazing fact. Without good quality water—I source whenever I can from Lake Mountain Valley, for example. It's a relatively protected aquifer in glass. I see that as an elixir of health and immunity and helping me to repair damage, because that's part of the story I didn't tell you.

I actually was a vaccine injured child. Six months of age I was severe bronchial, asthmatic. I recall that that seemed to have been very formative in who I am today and why I'm so into educating people about a better way.

Yeah, there's a lot that we can do and certainly understanding that you are not to blame for the fact that there is a trillion-dollar industry trying to convince you every moment that your natural instinct to not vaccinate and to do all these good natural things is somehow wrong or unethical or even illegal. Thank God for this type of opportunity to share this information.

Ty: The treatment is actually the prevention in this case, right? You mentioned earlier that a lot of these childhood-type diseases were virtually wiped out from what? Clean water, good nutrition, the things that you just mentioned, right?

Sayer: Yes.

Ty: They not only prevented, or they stopped these epidemics, but they are also ways that you can treat if someone's already been vaccinated.

Sayer: Yeah. Actually, in many ways the existence of natural, infectious challenges, communally acquired like your chicken pox party is fundamental to health. If we were to "eradicate" polio or measles as if that were ever a possibility that would be worth considering.

You hear Bill Gates say on interview with Sanjay Gupta on CNN that "parents who don't vaccinate are responsible for killing children." You realize that we are in an era where insanity is the norm and institutionalized.

The rhetoric is so extreme that we need to acknowledge that if it's a natural infection that is the basis for the entire super structure of why people think vaccines even work. Or herd immunity exists because they observed in nature that when you survive natural infectious challenges the community as a whole became healthier.

You don't remove that from the equation. We need germs. We are germs. In fact, most of our genetic material, 99 percent of it is from microbes, viruses, fungi, and bacteria. How does the CDC, and how does conventional immunology and vaccinology explain that fact? They don't because they haven't caught up with the research. This is only 15 years old, this research.

Ty: It's interesting that you mentioned the bacteria, the fungi, the viruses. This takes me back to the age-old battle between Pasteur and Beauchamp. The internal terrain. Pasteur said that "the germs, the bacteria are the problem so we need to get rid of them."

Beauchamp said, “No, it’s not the germs that are the problem. People that get sick is because they have internal terrain that is susceptible to getting sick so we should work on our bodies, the microbiome,” he didn’t know what it was called then, versus “get rid of all bad germs.”

Sayer: Absolutely.

Ty: That’s the fundamental problem. That’s the clash that’s still going on today.

Sayer: It is. Absolutely. In fact, when you acknowledged this notion that we are constituted by this ancient relationship between all of these microbes that Pasteur considered to be the primary target for disease eradication you realize just how truly obscene and medieval on some level our disease model is. That by believing in this myth we have created the very monster that we thought we were fighting.

The bioweapons community alone and what they’ve created in an attempt to produce some type of inoculant or some kind of vaccine against a bioweapons attack. In their laboratories, they have created some of the most monstrous opportunities for the very type of lethality and transmissibility of things like avian flu virus for example.

By testing and creating the stuff they’ve actually created the possibility for there to be a real apotheosis of the germ theory. Sort of an apocalyptic scenario. The CDC keeps mentioning about there’s a nightmare pathogen that we have no defenses against. It’s really remarkable.

Ty: They’re creating it.

Sayer: They’re creating it. Out of their fear that it exists they’ve actually brought it into reality. That’s one of the dangers, is that, I believe the terrain is everything. But, unless we also truly become aware of what’s going on and the intrinsic, just disease-promoting properties of vaccines, we will never be able to have a world that’s truly safe for our children.

Ty: You mentioned herd immunity just a minute ago, Sayer. Herd immunity never dealt with—the original concept of herd immunity didn’t even deal with vaccines, did it?

Sayer: No. It’s based on the observation that a group of individuals or animals for example will survive and thrive in many ways after being challenged with an infection.

Now, it is possible that a member will die, but those who survive have greater fitness. There’s an element to it that’s almost Darwinian as far as, the way that nature’s set up is that, if we look at what’s going on today presently for example, the way that artificial insemination and all these external life support systems helping to prop up the diseased western body, are enabling us to survive and reproduce. Ultimately, what will happen is that at some point—

I mean we’re already seeing their reproduction levels are extremely low. Is that we as a species won’t be able to carry on the billions of years of fitness that have been conferred into our body through the natural process of meeting challenges. Yeah, we’re in a different situation today.

Ty: We’re toxic from vaccines. We’re toxic from a lot of other causes. The air, the water, the food, everything that we’re exposed to is toxic today compared to a hundred years ago. Let’s talk

about some ways that if we are toxic from the air, the water, the food, vaccines, whatever it might be, how can we get rid of the toxins? What are some good general principles?

Sayer: Oh, I'm sorry. Can I just add one thing about the HIB vaccine?

Ty: Oh yeah. What question do you want me to ask you to get you there?

Sayer: You'll see. Maybe just ask about the HPV vaccine just so I can hit that one.

Ty: Okay. Yeah. One of the vaccines, it's very popular today that I personally think is absurd is the HPV vaccine. There's a lot of reasons I think it's absurd, but what's your take on it?

Sayer: Well it is a unique vaccine in the sense it's the most expensive vaccine ever produced, \$150 a dose. It is also a genetically modified vaccine. This is a really important issue to me because there are activists that are promoting the awareness of GMO harms. They're not looking at the reality which is that some of the very same interests and companies and corporations behind GMOs, are behind vaccines.

For example, March Against Monsanto. Great movement, really appreciate it. Actually, Monsanto is a subsidiary of Pharmacia which is owned by Pfizer, one of the largest vaccine manufacturers and lobbyists that are partially responsible for why everyone's being vaccinated.

We need to start looking at the crossover because a lot of the GMOs being produced today are designed to produce edible antigens so that it will literally be an edible vaccine. Then you look at the vaccines like HPV, and they are being produced through genetically modified yeast where they produce HPV particles, but also contain literally thousands of other proteins.

Here's the point. If you think about the way that we think about vaccines, you have a measles vaccines, you think, "Oh there's one antigen they're injecting." Or if it's HPV, "Oh they're just injecting the HPV antigen and our immune system's going to react to that and clear it."

It's not what is going on. The yeast, proteome it's called, the total set of proteins, is in the thousands and it turns out, 33 percent of these proteins overlap identically with human proteins.

What that means is, when you inject these vaccines, along with all of these proteins, your immune system's reacting to literally thousands of proteins producing antibodies which then can produce self-antigens or self-antibodies which then attack the body.

That may explain why, of all the vaccines that have ever been produced, the HP vaccine seems to have the most adverse events reports including emergency room visits associated with it, as well as reports of deaths.

This is a whole new territory. The genetically modified vaccine movement is now moving to DNA vaccines and this is even DARPA funded. What they're doing is taking a virus, injecting it into the human body so that it infects certain cells, turning them into vaccine antigen-producing factories. The theory is they can take part of ourselves, turn them into vaccine producing factories, and that that's going to help us with our immunity.

The trajectory is actually towards what they would call Trans Humanism, which is the belief that we are naturally completely incapable of surviving. We have to actually transmogrify into some kind of super human or future human form that requires we alter even the DNA in our body to be able to survive.

Ty: Wow. That almost seems related to the eugenics that was promoted by the Galtons and those families of 200 years ago, that believe that we could create a super human race by only breeding with the elites.

Sayer: Absolutely. It's a new form, in the sense that they're proposing. Let's say they have this vaccine in the market and you don't take it. Well what are you doing, saying that you don't want to protect everyone else in the world from the potential that you could be a walking bio-infection. Because that's the way they're classifying being infected presently by novel forms of influenza, for example. Executive orders were passed which made it basically a quarantinable offense to be infected by novel forms of influenza.

Also, Obama signed an executive order that implies that infection with an Ebola-like agent would also warrant potential quarantine. By redefining what it means to be infected as almost like a bioterrorism event, our freedoms have been completely eviscerated.

For me I have two daughters, and when that happens, something shifted in me. Because it's clear to me that in this world they now live in, it is very likely at some point, especially depending on what state they live in, that they will be told that they have to inject something into their body.

Now, as I understand it the moment the state wields that sort of power over our bodies, that redefines us as chattel or property. Because that means that we don't even have the basic right to bodily self-possession. Without the choice to basically involve ourselves, we are essential identifying ourselves as slaves or objects. That is something that I think many—

Especially mothers and parents who will have children, who are being faced with the question, "Should I vaccinate according to the schedule? Can I trust my pediatrician, who's telling me, we have to do this?" They don't fully understand the moral right is behind them.

They have as parents the right and even the responsibility to choose what's best for their children no matter what the state states as their power over them. That's pretty fundamental.

One thing too that's really important is that pediatricians are actually like foot soldiers to the CDC, which is like is a military organization. They literally wear uniforms. It's a top down command situation. If a pediatrician does not abide by the standards of vaccination and promulgate them, then they themselves become legally liable for being sued.

Even if they're open and they're like, "Oh well she doesn't want to vaccinate according to the schedule," and then someone actually get injured or gets in an infection, then they themselves could be legally liable.

Whereas they are completely expunged of all liability if they follow without any thought the vaccine schedule. Anyone going to a pediatrician, expecting good advice on vaccines, it's like going to a butcher and asking about veganism. What their thoughts on veganism are.

Ty: Doesn't work, does it?

Sayer: Doesn't work, yeah.

Cameraman: That's people of China juggle between the two pain, the pain of resisting that system is too great so they go to the other one. That's truly the outcomes that could result from that and likely even truly, is a much more painful reality.

Sayer: Yes. I empathize profoundly with parents because they're in a situation where they may know that the MMR vaccine is not worth the risk at the very least. They may know that they have a legal right as a parent to make these choices and an ethical one, certainly.

It's even a duty not even a right in my opinion. But they also are working with a system that will send everyone in their life the message that they are harming their child or putting them in danger's way along with all the other children in the planet, if they make this decision.

It's is a growing movement. There are literally millions of people out there that are here to support that same decision. They're not going to find that information on the CDC site, they're not going to find it on CNN. They're going to find it in events like this and the growing community that's behind us. They're not alone. Just remember that you have the right to choose and it is something that's sacred.

Ty: I think that's no better exemplified than the mass exodus that we're seeing from California right now. They passed a mandatory vaccine law. People are saying "No, I'm leaving."

Sayer: Absolutely. Of all states to fall, I was just shocked that it would be California.

Ty: Me too. I would think that the crunchy granola state would have been the last to pass that kind of a law.

Sayer: Exactly, exactly.

Ty: It's interesting. There was Senator Pan, is the senator that was responsible for that legislation.

Sayer: Yes.

Ty: By the way, he was paid hundreds of thousands of dollars by the pharmaceutical industry, the vaccine industry.

Sayer: Absolutely.

Ty: I recently saw a video of him along with Andy Wakefield and Del Bigtree. the producers of *Vaxxed*. Did you see it?

Sayer: I did see it.

Ty: Where he's running, he runs down the hall to get away from them.

Sayer: Literally runs. He knows I think what he's responsible for doing as far as taking away people's constitutional rights to exercise their religious and philosophical freedom, to not vaccinate. He is running, literally.

Ty: I saw that. What a coward. The guy introduces this legislation to take away the parent's right to choose medical intervention or not. He doesn't even have the cojones to stop and take an interview to talk about his influence.

Sayer: It's amazing.

Ty: That has literally caused millions of people to leave California and has also caused millions of other children to be injected with vaccines that would have never been injected. He doesn't have the intestinal fortitude to do an interview about it.

Sayer: Amazing, I know.

Ty: I had no respect for him before. I have even less now after seeing that. Let's say we have these people across the country that are toxic. We have children that are toxic and we're all toxic to an extent. What's the solution? How do we detoxify this toxic stew that we're exposed to every day?

Sayer: One of the things that I know works really well is sweating. The research is very compelling. Because if you do certain types of assay, say blood levels of toxicants which are petrochemicals usually and even include heavy metals in that, you'll find not necessarily high markers, but when you do a study where you sweat intensely and see what's excreted it's indicative that our bodily burden of toxicity is far higher than what is even measurable. The amount of both petrochemicals and metals that are exuded and then eliminated are very significant.

It has led me to believe that if one isn't at least on a two or three times a week basis, putting yourself in a position where you have enough exertion to sweat and you of course, use heat. Power yoga is a great way to do it. Saunas. Then you're putting yourself in harm's way. Because the bodily burden even just in our air we're breathing, I guarantee you if we tested it right now, there would be some small amount of Roundup which is such a prevalent toxicant at this point. We have so much exposure that we have to on a daily basis engage these, really ancient detoxifications systems.

Ty: I would agree with that. When we look at the lifestyle that we live today compared to a century ago, we're less active, we sweat less, plus we're exposed to all these toxins that were not around then. It's like a double whammy on us. Right?

We're becoming more toxic because of our exposure to things that weren't around and your typical person, the most exercise that they get in a day is when they get up off the sofa to go get a beer and then they go sit down. How many people do you know that don't ever exercise?

Sayer: It's true. One of the things about exercise we don't often think about is when you're pushing yourself to the point of feeling like you're going to die, and then you survive and you feel that, usually this ecstasy and this like, "Wow, I made it."

A lot's going on, on a physiological level. One of the things is called mitochondrial biogenesis. The so-called powerhouses of the cell are able to regenerate when you exert yourself in enough where you really feel like "Wow, I've really pushed my envelope." Those mitochondria are essential for regulating our cells. They even regulate programmed cell death. It's involved in cancer, not just energy.

Then you have stem cells which are the magical, immortal cell line in our body that has been inherited from all previous ancestors. Those stem cells also are able to go through division process and help to regenerate tissue that's damaged or so high in toxic and burden that it's better that they go through programmed cell death.

Those toxins are released and taken out of the body, then to continue to live, because they can transmogrify their phenotype, so to speak, into cancerous or harmful behavior. In many ways exercise performs quite a lot of functions to regenerate the body as well as remove the chemicals that are accumulating.

Ty: Sayer, I think most people don't typically think of exercise as being a way to detox. But you just explained that it really is important in detoxification.

Sayer: Absolutely. Our lymphatic system doesn't have a pump like the heart pumps the blood. When we're doing this intense movement, we're also just completely helping to flush all of the toxicants and help our immunity in a way that is not possible without this type of movement. There's many, many benefits from exertion of that kind.

Ty: An interesting thing that we've talked about previously that I want you to share with the viewers, is the relationship of the petrochemical industry to this discussion.

Sayer: Thank you. Yeah. This is a huge issue. Because what's going on is that presently we have a very outdated model of how we ascertain toxicant risk. It's like a dose response model. Very linear. You have this amount of something and it causes this effect and the more of it you have, the more effect you have. That's how you ascertain whether something's harmful.

That's not what's going on because new research on endocrine disruptors, for example, small amounts of petrochemicals. Could be paraben for example, which is in a lot of body care products as a preservative or Bisphenols which are everywhere, because plastic is needing a plasticizer and that's what they use Bisphenol A, Bisphenol F.

There's an alphabet soup of these. When they say Bisphenol A on the label now, unfortunately they just replaced it with another of Bisphenol of equal toxicity.

Small, small, small amounts have huge effect because they act like hormones. The dose response, linear concept has been completely supplanted by acknowledging that in some cases, the smaller the amount of toxicant you have in your body, the greater effect it could have on changing a cell's entire phenotype makeup into a cancer cell for example. This is not just for petrochemicals. This is actually for particle size.

You have this innovation of nano particle technology. Titanium dioxide for example. They use it to glaze pills white and use it for sunscreen. The particles are so small. We're talking maybe under 50 nanometers, that they go right into the pores of the body. And when they attach to the surfaces of cells, can actually activate the nuclear machinery inside the cell which changes the cell's phenotype.

Previously the idea was the dose makes the poison. If you have something really small, it's not going to cause a great effect and it can't hurt you. Now we know that smaller the particle size, the more harmful it can be.

Another example of this is radio isotopes. We live in a world where nuclear pollution is everywhere. After the atom testing, for example, globally we had uranium and plutonium concentrations. You can measure in almost any sample.

Now we have the fallout from Three Mile Island, Chernobyl, Fukushima, and you have power plants that just naturally give up plumes of over 2,000 manmade or anthropogenic radio nucleotides, just through releasing the steam from these, basically, pressure cookers as refueling.

We have these radio nucleotides everywhere in extremely low doses. When they first came up with the toxicity risk model, it was based on Hiroshima blast survivors. They assumed that the real danger is gamma radiation exposure from the outside end and they averaged the dose by the amount of tissue exposed and came up with a calculation of risk.

Well unfortunately, that didn't explain what happens when exceedingly small amounts of these elements get into your body. You can have one atom of plutonium lodged in our body forever and it's literally giving off a thermonuclear effect on that cell and the tissue around

it for the rest of your life, causing all types of cancer for example.

Uranium 238, which is the basis for most of the nuclear power as well as DUM, depleted uranium munitions, it has a half-life of 4.4 billion years. That's longer than the age of the Earth, which means it's always going to be here.

There's the study from the army's Radiobiology Institute in Bethesda, Maryland, that was published that shows that there are several thousand if not hundred thousand orders of magnitude higher toxicity associated with Uranium 238 exposure, than present radiation risk models allow for.

What I'm really referring to is the fact that, when you really look at toxicant, heavy metal, radiation exposures today, less is actually more in certain ways. It's a dismal scenario but I think the public really needs to know this information because what's happened is the radiation risk models, toxicant risk models, make it seem as if you could expose yourself to large amounts of chemical every day and it's okay.

The way they actually come up with these risk assessments is they do the LD50 model. Take animals, give them a lethal dose of a chemical that will kill 50 percent within a certain range of time. There's the acute toxicity model. Say it's two days.

Then they say, let's extrapolate from the animal model. What's an acceptable level of harm for a human, assuming they can just look at body weight and calculate what is an acceptable rate.

Of course that model is insane. First of all, there's no such thing as an acceptable level of harm in my book. If you apply the precautionary principle, the moment a manufacturer of something that could do harm, well guess what, the burden should be on them to prove it's safe to the consumer.

That's not what happens. They use this other model, release it into the environment and into consumer products. And then only after many years, sometimes decades, and cancer rates start to spike, do the consumers themselves have to raise the money, the political capital, to prove through what they call the weight of evidence model that they may have been harmed.

Ty: What is the light at the end of the tunnel?

Sayer: The light at the end of the tunnel is that every moment our body is utilizing highly complex detoxification systems, which in some way almost anticipated the chemical revolution. The Cytochrome P450 system that is largely centered in the liver, is able to take a broad range of modern xenobiotics, which are foreign chemicals, and there's hundreds of thousands of them now and somehow find a way to make these fat loving chemicals water soluble and help to, through the phase one and two detoxification systems, help to remove them from the body.

In many ways, God, the intelligence of the universe, put us in a position where we can actually survive what should be a lethal phase in our evolution as a species, which is to create this chemical nightmare.

Ty: It's very similar to, my wife Charlene often says "People ask, why are babies born sick?" Well it's because of the fact that they're getting chemicals through the umbilical cord, right? A lot of times.

Sayer: Yes.

Ty: The real question is how are any babies born healthy? That's really, it's because we are resilient, the body is resilient.

Sayer: Yes.

Ty: I think the takeaway from this is, if we provide our bodies with the nutrition that they need, if we supply the immune system with its nourishment that it needs, the body can actually be really amazing at fending off these toxins.

Sayer: Absolutely. That's the part I would like to focus on is the idea that there are now compounds identified in common foods like broccoli for example, ginger, garlic, that are so powerful at enhancing our natural detoxification systems.

Broccoli extracts has sulforaphane which is a molecule that I've identified through the research on the National Laboratory of Medicine to have over a hundred health benefits. I'm at the point in my research now, I believe that we ate these cruciferous and sulfur containing vegetables for so long that our bodies have co-adapted, if you will, to needing them on a daily basis.

Why do we develop cancer? Yeah, chemical exposure is one of the reasons. Well you know another one is to deficiency of vegetables and phytochemicals. You can't say that radiation chemotherapy deficiency causes cancer, but you can say that up deficiency of broccoli or other phytochemical rich, detoxifying-enhancing vegetables can lead to cancer, and that's a profound fact.

When people really look at what they're eating, and they focus on these really therapeutic detoxifiers, then they will be assured that at least many of the harms can be mitigated.

Ty: Broccoli is a great example. Give me some other foods that maybe we should be eating on a daily basis, that we're not?

Sayer: Absolutely. Some of the most acknowledged beneficial detoxifiers are things like parsley, cilantro, ginger. Probably one of my favorite of all is turmeric because if you look at the research on its abilities to help prevent and to even treat a wide range of conditions, it certainly has a great reputation as far as even doing things like chelating metal in the body and neutralizing a lot of the toxicity of the modern age.

Ty: You just named four or five foods there that the majority of people, at least in the United States, I can speak for us here, never eat.

Sayer: They don't eat.

Ty: Ever.

Sayer: Well what's interesting is that even common American cultural traditions like drinking coffee all day long, have been shown to activate detoxification pathways in the body. Inadvertently many of us are already doing things in our diet that our helping to balance out the harms.

There's also things like whey, which as a body builder, you know is very good for building muscle. But it's full of cysteine and sulphur-containing molecule that helps to build glutathione which is a powerful detoxifier in the body as well as an antioxidant. I like to look at the different ways we can use foods as enhancements to our detoxification.

Ty: I think that Dr. Mercola last year in the documentary that we did called *The Global Quest*, he said something that was just profound but it was so simple. Eat real food. Eat real food. Think of the people today that we live in the United States, that we live next to, that are frequenting the fast food joints three times a day. That's their meals. They don't ever cook, they go eat processed, genetically modifies junk.

Sayer: Yes.

Ty: We would really be just on the right track if we would just start adhering to that concept to real food, wouldn't we?

Sayer: It's a beautiful concept. It's so simple really. Eat food that dies. Because if it doesn't it will probably kill you literally. Perishability is actually a sign of quality and life energy that's going to help you to detoxify and manage your health for sure.

Ty: You've got the enzymes in real food. You've got the phytonutrients.

Sayer: Yes. Oh, there's one. One of the best things that's ever been researched post-Chernobyl was the use of apple pectin to take out from all these children's bodies, all of these radioisotopes that accumulated like Caesium-137. They literally saved tens of thousands of lives by simply using apples and apple pectin.

Ty: What is pectin?

Sayer: Pectin is just a fiber that is able to pull out, along with some of these heavy metals, bile salts for example, which can help to accumulate toxins and get stuck in the liver. They can pull some of that material out, eliminate from the body. One of the many things you can utilize is the food that "An apple a day keeps the doctor away. An apple a day keeps the Fukushima fallout away."

Ty: Yeah, there's a lot of wisdom in that old saying right there.

Sayer: Definitely.

Ty: It wasn't "a pack of French fries a day keeps the doctor away," was it?

Sayer: No that keeps the doctor really close and very wealthy.

Ty: Keeps them very well. Lots of work for the doctors from that.

Sayer: Exactly.

Ty: Sayer, it's been fascinating. Anything else you want to add here at the end before we wrap it up?

Sayer: One of the most important things that I think people don't often acknowledge, is that when you look at modern drugs, over the counter prescribed, the vast majority of them are actually just byproducts of petrochemicals, the chemical industry.

If you look at it from even the lens of the logistics and the finances and the materials, the pharmaceutical industry is really just a subsector of the chemical industry, which is related to the fossil fuel grid and the entire geopolitical nightmare of wars fought forever around the world, which is about acquiring resources from other countries often. Taking their oil.

Anyway, the idea is that pharmaceuticals are by definition xenobiotics. Their foreign to bios, life, the body. They should never be in the body. There are cases in emergency medicine where a petrochemical drug might actually save a life. There are exceptions. In 99.9 percent of the time for chronic disease or prevention of disease, all they do is create a whole new set of disorders which then have to be detoxified themselves.

When we start looking at what pharmaceutical products are, we have to acknowledge that the best way to protect yourself from toxicity and to detox is just to eliminate them from your lifestyle and your body as best as you can. That is the number one way that you preserve your health.

Ty: That's great advice. That's great advice. Because, the reality is that, that business model is a wonderful business model if you have no conscience. Because they're perpetuating disease, creating new symptoms that they can treat. I think that's great advice. The best way to stay healthy, don't take them.

Sayer: That's the infinite growth model, absolutely. That's the whole scam of the allopathic model that's beholden to the pharmaceutical industry, is that it produces infinite growth because you're making everyone super sick. New symptoms, new drugs for those symptoms, so you hit it on the head.

Ty: I think you hit it on the head Sayer. As always really enjoyed the interview. I may be bigger in stature than you, but I would not want to do a brain comparison because I know you'd win.

Sayer: Thank you Ty.

Ty: Thank you my friend. Appreciate it.

Sayer: It's great to be here.

Ty: Yeah.

Sayer: Cool.

[End of transcript]